

Two Days Webinar on Well Being and Technology Trends during COVID times

30th July – 31st July 2020

11 AM to 4:00 PM



Maharaja Agrasen Institute of Technology

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Courses Offered: B. Tech. (ECE, CSE, IT, EEE, MAE, ME), MBA



About the Institute

Maharaja Agrasen Institute of Technology is a private engineering institute affiliated to GGSIPU, with three NBA accredited programmes – ECE, CSE and MAE and is ISO 9001:2015 certified. It was established in 1999 by Maharaja Agrasen Technical Education Society promoted by a group of well known Industrialists, Businessman, Professionals and Philanthropists with an aim to promote quality education in the field of Technology and Management. Since then, MAIT has grown from strength to strength to emerge as one of the top technical institutes among the private institutes.

The Vision of Institute is to nurture young minds in a learning environment of high academic value and imbibe spiritual and ethical values with technological and management competence.

About the Webinar

For the last three to four months, the whole world is suffering from pandemic, Corona. We all are under severe psychological pressure and stress. This webinar has been organized to release the psychological stress of students before the commencement of new academic session. Besides, this webinar is aimed at dissemination of initiatives taken particularly by DST to improve the research potential of technical institutions during this hour of need. This pandemic should be utilized as an opportunity of research for building sustainable systems. Some of the green solutions will also be discussed during the webinar.

*“Healthy mind needs a healthy body,
physically as well as psychologically.”*



Dr. Nand Kishore Garg

Founder & Chief Advisor, MATES
Chancellor, Maharaja Agrasen University,
Baddi, HP, India

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Inaugural Ceremony



Address by
Prof. (Dr.) Neelam Sharma
Director, MAIT



Welcome Address by
Prof. (Dr.) S. S. Deswal
Dean Academics, MAIT

Session Speakers



Brahma Kumaris
Dr. E. V. Swaminathan
Motivational Speaker, Kerala



Mr. Ashish Rakheja
MD Aeon Consultant
Director ASHRAE



Prof. William P Bahnfleth,
Pennsylvania State University, USA



Brahma Kumaris
Dr. Damini
Physical Trainer, Spiritual Singer
and Motivational Speaker, Mumbai



Dr. K. K. Aggarwal
President, Heart Care Foundation of India,
Chairman, Legal Cell, Indian Academy of
Echocardiography & Past National President
IMA



Mr. Ayush Gupta
Sr. Embedded Developer, AgVa Healthcare

Registration Details



Website Link
<https://mait.ac.in/index.php/webinar-july2020>



Registration Form Link
<https://tinyurl.com/registrationfdp>



Mail ID
webinar@mait.ac.in



Contact Number
+91 84481 86931



उद्यमेन हि सिध्यन्ति
कार्याणि न मनोरथैः



All the guests and participants are required to join at 10:45 AM in the morning and 15 minutes before the commencement of each session to avoid technical glitches.

Course Content

Day 1

Timing	Session Detail	Speaker
11:00 AM - 11:30 AM	Inauguration	Prof. Neelam Sharma
		Prof. S. S. Deswal
11:30 AM - 1:00 PM	The Science of Wellbeing	BK E V Swaminathan
Lunch Break 1:00 PM -2:00 PM		
2:00 PM - 3:00 PM	COVID-19, Opportunity for sustainable development	Mr. Ashish Rakheja
3:00 PM -3:30 PM	Fundamentals of UV Germicidal irradiation for Air & Surface Disinfection	Prof. William P Bahnfleth, USA
3:30 PM -4:00PM	Exercise for Relaxing Stress	BK Damini

Day 2

11:00 AM - 12:00 PM	Expert Talk: Awareness on COVID-19	Dr. K K Aggarwal
12:00 PM - 1:00 PM	Innovative Practices for COVID-19	Mr. Ayush Gupta
Lunch Break 1:00 PM -2:00 PM		
2:00 PM - 4:00 PM	Panel Discussion	Mr. Ashish Rakheja and Panel

Webinar Organizing Committee

Core Committee

- Prof. Neelam Sharma, Director MAIT
- Prof. S. S. Deswal, Dean Academics
- Prof. Namita Gupta, HoD CSE
- Prof. Rajveer Mittal, HoD EEE
- Prof. M. L. Sharma, HoD IT
- Prof. S. K. Mathur, HoD ECE
- Prof. V. N. Mathur, HoD MAE
- Dr. Vaibhav Jain, HoD ME
- Prof. Chandra Prakash, HoD Ap.Sc.
- Dr. Amit Gupta, HoD MBA
- Mr. J R Mani Tripathi, Chief Finance Officer

Registration and Feedback Co-ordinators

- Dr. Kanchan Mudgil, Asst. Prof.
- Dr. Sonal Khurana, Asst. Prof.

Web/Technical Co-ordinators

- Mr. Alok Sharma, Sys. Adm.
- Mr. Vinay Kr. Saini, Asst. Prof.
- Mr. Anupam Kumar, Asst. Prof.
- Mr. Hemant Tulsani, Asst. Prof.
- Mr. Rakesh Chaurasia, PRO

Compering Co-ordinators

- Ms. Garima Sharma, Asst. Prof.
- Ms. Supriya Sharma, Asst. Prof.